SEPTEMBER 2020 CURBSIDE LUNCH MENU

BREAKFAST TO GO!

Monday - Blueberry Yogurt Parfait, Milk Tuesday - Cereal, 100% Fruit Juice, Milk

Wednesday - Turkey Sausage, Egg. Cheese Croissant, Hash Brown Potato, Milk Thursday - Pancakes and Turkey Sausage, Syrup, 100% Juice, Milk Friday - Fruit and Yogurt Plate, Milk

Monday

Tuesday

6

Chicken Patty

Thursday

Friday

A Vegetarian option menu does not have will be offered daily upon request if the

Wow Butter and Jelly Hummus cup and Michigan Apple Tortilla Chips Sandwich

French Fries

Steamed Broccoli

Garlic Breadstick

Applesauce Cup

Orange

Sandwich

6

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Mini Turkey Corn

Grilled Cheese Tomato Soup Banana

Spaghetti with Meatballs Steamed Broccoli Garlic Breadstick Fruit Cup

Macaroni and Cheese

Cheese Pizza Side Salad Orange

Pepperoni Pizza Orange

7

Applesauce Cup

Michigan Apple

Potato Starz

Dogs

Sour Cream/Salsa

Nachos

Black Beans

Beef and Cheese

Bosco Cheese Sticks Applesauce Cup French Fries

2000

29

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All Beef Hot Dog

Beef Hard Shell Tacos

Chicken Patty on a Bun

Potato Starz

Applesauce Cup

Sour Cream/Salsa Shredded Cheese

Banana

Michigan Apple Refried Beans 22 Bean and Cheese

Sour Cream/Cheese Michigan Apple Edammame Burrito Orange Chicken with Asian Blend Veggies

Banana

24 Cheese Lasagna Rollup

Steamed Broccoli Garlic Breadstick Fruit Cup

25

Cheese Pizza Side Salad Orange

DATEL DECEMBER 31, 2020 ALL STUDENT BREAKIAST AND LUNCKES AND FREE



VIII.

complete, including milk, fruits All free meals served must be and veggies

until ready to heat for best results Keep frozen products in freezer Consume all items within the week unless they are trozen

Over 3/4 cup of fruits and grain bun, roll, or muffin Entrée: Protein & whole

Milk - 1% white or veggies per meal chocolate

248.341.5671

Deep Dish Cheese Pizza: Microwaveable or mozzerella cheese and optional pepperon bakeable deep dish pizza filled with marinara sauce and topped with

Deep Dish Veggie Pizza: Microwaveable or marinara sauce and topped with roasted bakeable deep dish pizza filled with veggies and mozzerella Cheese

mozzarella cheese, topped with marinara noodles filled with creamy ricotta and Lasagna Roll-up: Microwaveable pasta sauce, served with garlic breadstick

Macaroni & Cheese: Reduced fat cheesy macaroni served in a microwaveable container with a mini garlic stick.

beef meatballs in a microwavable container spaghetti noodles with side of marinara and Spaghetti with Meatballs: Precooked served with garlic breadstick

served with rice and asian blend of veggies chicken bites tossed in tangy orange glaze Orange Chicken: Whole muscle crispy ready to microwave

mozzarella cheeses, baked and topped Bosco Cheese Sticks: Oven bakeable whole grain bread sticks filled with with parmesan cheese, served with marinara sauce

breaded white meat crispy chicken, served Chicken Tenders: Oven bakeable lightly with homemeade roll and butter

VEGETARIAN AND DAIRY FREE REQUESTS EE SIDE PANEL FOR GLUTEN FREE

on a whole grain bun either bake, microwave or steam, served All Beef Hot Dog: All beef hot dog to

Chicken Caesar Salad: Romaine lettuce, all

turkey corn dogs with crispy corn breading Peanut-Free Wow! Butter and jelly sandwich Mini Corn Dogs: Oven bakeable bite sized Wow! Sandwich Meal natural white meat chicken, parmesan low fat cheese stick, fresh veggie and fruit of cheese, croutons, caesar dressing and a

Grilled Cheese: Crispy bake or microwave

with tomato soup at home grilled cheese sandwich served

whole grain bun Chicken Patty Sandwich: Oven bakeable llightly breaded white meat chicken on a

heat, shredded cheddar cheese, sour with seasoned beef taco meat ready to cream and salsa Beef Hard Shell Tacos 2 shells served

and salsa heat, cheddar cheese cup, sour cream with seasoned beef taco meat ready to Beef nachos: Baked tortilla chips served

with seasoned chicken taco meat ready to heat, shredded cheddar cheese, sour cream and salsa Chicken Soft Shell Tacos: 2 shells served

oven bakeable bean and cheese burrito served with sour cream and salsa Bean and Cheese Burrito Microwave or

> the day. Ready to eat! Fruit Yogurt, giant cinnamon grahams, low Fruit & Yogurt Plate fat cheese stick, and fresh fruit of the day,

chips, baby carrots, celery sticks and (nut Vegan Hummus Plate: Hummus cup, pita free) sunflower seeds, Ready to eat!

VEGETARIAN

Granola, ready to eat! Fresh Fruit Yogurt Parfait: Layers of vanilla Yogurt, Fresh Fruit and

eat with cold milk Your choice of 2 cereals to pre-order Ready to Cereal Breakfast:

with turkey sausage, egg and american cheese Sausage, Egg and Cheese Croissant: Microwavable whole grain croissant, stuffed

served with turkey sausage patties and syrup Microwavable bag of silver dollar pancakes Pancakes and Sausage





ready to eat!

option available per preorder required medical request-Gluten Free

available - preorder required for Dairy Dairy Free options Vegetarian and



be included to achieve maximum Simple cooking instructions may Curbside meals are intended to texture and taste for our menu be prepared at home. items.

until ready to heat for best results Keep trozen products in freezer Consume all items within the week unless they are frozen

SEPTEMBER 2020 WING LAKE LUNCH MENU

BREAKFAST TO GO!

Monday - Blueberry Yogurt Parfait. Milk Tuesday - Cercal. 100% Fruit Juice. Milk

Wednesday - Turkey Sausage, Egg. Cheese Croissant, Hash Brown Potato, Milk Thursday - Pancakes and Turkey Sausage. Syrup. 100% Juice. Mill Friday - Fruit and Yogurt Plate, Milk

A Vegetarian option will be offered daily upon request if the menu does not have one	Monday
Please preorder Preordered bags on your child's ladays they will be out	Tuesday
Please preorder meals for days your child is not in school to be sent home. Preordered bags of food intended to be heated at home will be sent home on your child's last scheduled day for the week at school for the amount of days they will be out - Call (248)341-5671 to order once or create a weekly request	Wednesday
10 child is not in school to heated at home week at school for to order once or created.	Thursday
11 to be sent home. will be sent home or the amount of ate a weekly request	Friday

All free meals served must be aramark

complete, including milk, fruits and veggies

At least 3/4 cup fruits and grain bun, roll, or muffin Entrée: Protein & whole

Milk - 1% white or chocolate veggies

248.341.5671

22 Bean and Cheese Sour Cream/Cheese Orange Chicken with Asian Blend Veggies (preorder only) Banana

Michigan Apple Edammame

Chicken Patty on a Bun Banana Carrots

30

2000

29

All Beef Hot Dog

Beef Hard Shell Tacos

Applesauce Cup

Potato Starz

(preorder only)

Sour Cream/Salsa Shredded Cheese

Michigan Apple Refried Beans

23

2

Bosco Cheese Sticks

Burrito

French Fries

Applesauce Cup

7

3

6

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24 Cheese Lasagna Rollup Steamed Broccoli Garlic Breadstick Fruit Cup

25

Cheese Pizza Side Salad Orange

UNTIL DECEMBER 31, 2020 ALL STUDENT BREAKFAST AZO FCZOZES

Deep Dish Cheese Pizza: Microwaveable or All Beef Hot Dog: All beef hot dog to mozzerella cheese and optional pepperoni bakeable deep dish pizza filled with marinara sauce and topped with

Deep Dish Veggie Pizza: Microwaveable or marinara sauce and topped with roasted bakeable deep dish pizza filled with veggies and mozzerella Cheese

mozzarella cheese, topped with marinara noodles filled with creamy ricotta and Lasagna Roll-up: Microwaveable pasta sauce, served with garlic breadstick

Macaroni & Cheese: Reduced fat cheesy macaroni served in a microwaveable container with a mini garlic stick.

beef meatballs in a microwavable container spaghetti noodles with side of marinara and Spaghetti with Meatballs: Precooked served with garlic breadstick

served with rice and asian blend of veggies chicken bites tossed in tangy orange glaze Orange Chicken: Whole muscle crispy ready to microwave

mozzarella cheeses, baked and topped Bosco Cheese Sticks: Oven bakeable with parmesan cheese, served with whole grain bread sticks filled with marinara sauce

breaded white meat crispy chicken, served Chicken Tenders: Oven bakeable lightly with homemeade roll and butter

VEGETARIAN AND DAIRY FREE REQUESTS

EN SIDE PANEL FOR GLUTEN FREE

either bake, microwave or steam, served on a whole grain bun

Mini Corn Dogs: Oven bakeable bite sized Wow! Sandwich Meal:

turkey corn dogs with crispy corn breading Peanut-Free Wow! Butter and jelly sandwich the day. Ready to eat! low fat cheese stick, fresh veggie and fruit of

with tomato soup at home grilled cheese sandwich served Grilled Cheese: Crispy bake or microwave

whole grain bun Chicken Patty Sandwich: Oven bakeable llightly breaded white meat chicken on a

heat, shredded cheddar cheese, sour with seasoned beef taco meat ready to cream and salsa Beef Hard Shell Tacos 2 shells served

heat, cheddar cheese cup, sour cream with seasoned beef taco meat ready to Beef nachos: Baked tortilla chips served

cream and salsa to heat, shredded cheddar cheese, sour with seasoned chicken taco meat ready Chicken Soft Shell Tacos: 2 shells served

oven bakeable bean and cheese burrito Bean and Cheese Burrito Microwave or served with sour cream and salsa

> natural white meat chicken, parmesan cheese, croutons, caesar dressing and a Chicken Caesar Salad: Romaine lettuce, all

Fruit Yogurt, giant cinnamon grahams, low Fruit & Yogurt Plate: ready to eat! fat cheese stick, and fresh fruit of the day

chips, baby carrots, celery sticks and (nut free) sunflower seeds, Ready to eat! Vegan Hummus Plate: Hummus cup, pita

Granola, ready to eat! Fresh Fruit Yogurt Parfait: Layers of vanilla Yogurt, Fresh Fruit and

Your choice of 2 cereals to pre order Ready to Cereal Breakfast:

eat with cold milk

with turkey sausage, egg and american cheese Sausage, Egg and Cheese Croissant: Microwavable whole grain croissant, stuffed

served with turkey sausage patties and syrup Microwavable bag of silver dollar pancakes Pancakes and Sausage





option available per preorder required medical request-Gluten Free

VEGETARIAN

7,00%

available - preorder Dairy Free options required for Dairy Vegetarian and

This institution is opportunity an equal provider

SEPTEMBER 2020 BOWERS LUNCH MENU

aramark

BREAKFAST TO GO!

Monday - Blueberry Yogurt Parfait, Milk Tuesday - Cereal, 100% Fruit Juice, Milk

Wednesday - Turkey Sausage, Egg, Cheese Croissant, Hash Brown Potato, Milk Thursday - Pancakes and Turkey Sausage, Syrup, 100% Juice, Milk Friday - Fruit and Yogurt Plate, Milk

Monday

Friday

complete, including milk, fruits All free meals served must be

and veggies

menu does not have A Vegetarian option upon request if the will be offered daily 00

> These meals are intended to be heated at home Wednesday Meals are sent home on Tuesdays

Mini Turkey Corn Applesauce Cup Potato Starz

Sour Cream/Salsa Beef and Cheese Michigan Apple Black Beans Nachos

Grilled Cheese Tomato Soup Banana

Weekend meals will be provided on Fridays

Spaghetti with Meatballs Steamed Broccoli Garlic Breadstick Fruit Cup

Cheese or Veggie Side Salad Orange

Bosco Cheese Sticks Applesauce Cup

Orange Chicken with

Bean and Cheese Sour Cream/Cheese Asian Blend Veggies Banana

Michigan Apple

Edammame

24 Cheese Lasagna Rollup 25

Cheese or Pepperoni Side Salad Orange

Steamed Broccoli Garlic Breadstick

Fruit Cup

2000

All Beef Hot Dog Applesauce Cup Potato Starz

29

Beef Hard Shell Tacos Sour Cream/Salsa Shredded Cheese Michigan Apple Refried Beans

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Chicken Patty on a Bun Banana Carrots

Entrée: Protein & whole

At least 3/4 cup fruits and veggies included in every grain bun, roll, or muffin

Milk - 1% white, chocolate

lunch

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Deep Dish Cheese Pizza: Microwaveable or mozzerella cheese and optional pepperon bakeable deep dish pizza filled with marinara sauce and topped with

Deep Dish Veggie Pizza: Microwaveable or marinara sauce and topped with roasted bakeable deep dish pizza filled with veggies and mozzerella Cheese

mozzarella cheese, topped with marinara noodles filled with creamy ricotta and Lasagna Roll-up: Microwaveable pasta sauce, served with garlic breadstick

Macaroni & Cheese: Reduced fat cheesy macaroni served in a microwaveable container with a mini garlic stick.

beef meatballs in a microwavable container spaghetti noodles with side of marinara and Spaghetti with Meatballs: Precooked served with garlic breadstick

served with rice and asian blend of veggies chicken bites tossed in tangy orange glaze Orange Chicken: Whole muscle crispy ready to microwave

mozzarella cheeses, baked and topped Bosco Cheese Sticks: Oven bakeable with parmesan cheese, served with whole grain bread sticks filled with marinara sauce

breaded white meat crispy chicken, served Chicken Tenders: Oven bakeable lightly with homemeade roll and butter

VEGETARIAN AND DAIRY FREE REQUESTS SEM SIDE PANEL FOR GLUTEN FREE

All Beef Hot Dog: All beef hot dog to on a whole grain bun either bake, microwave or steam, served

Chicken Caesar Salad: Romaine lettuce, all

turkey corn dogs with crispy corn breading Peanut-Free Wow! Butter and jelly sandwich Mini Corn Dogs: Oven bakeable bite sized Wow! Sandwich Meal the day. Ready to eat! low fat cheese stick, fresh veggie and fruit of

with tomato soup at home grilled cheese sandwich served Grilled Cheese: Crispy bake or microwave

whole grain bun llightly breaded white meat chicken on a Chicken Patty Sandwich: Oven bakeable

cream and salsa heat, shredded cheddar cheese, sour with seasoned beef taco meat ready to Beef Hard Shell Tacos 2 shells served

and salsa heat, cheddar cheese cup, sour cream with seasoned beef taco meat ready to Beef nachos: Baked tortilla chips servec

cream and salsa to heat, shredded cheddar cheese, sour with seasoned chicken taco meat ready Chicken Soft Shell Tacos: 2 shells served

served with sour cream and salsa oven bakeable bean and cheese burrito Bean and Cheese Burrito Microwave or

> cheese, croutons, caesar dressing and a natural white meat chicken, parmesan

Fruit Yogurt, giant cinnamon grahams, low Fruit & Yogurt Plate ready to eat! fat cheese stick, and fresh fruit of the day.

chips, baby carrots, celery sticks and (nut Vegan Hummus Plate: Hummus cup, pita free) sunflower seeds, Ready to eat!

Granola, ready to eat! Fresh Fruit Yogurt Parfait: Layers of vanilla Yogurt, Fresh Fruit and

Cereal Breakfast:

eat with cold milk Your choice of 2 cereals to pre order Ready to

Sausage, Egg and Cheese Croissant with turkey sausage, egg and american cheese Microwavable whole grain croissant, stuffed

served with turkey sausage patties and syrup Microwavable bag of silver dollar pancakes Pancakes and Sausage





option available per preorder required medical request-Gluten Free



available - preorder Dairy Free options required for Dairy Vegetarian and

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SEPTEMBER 2020 PREP LUNCH MENU

BREAKFAST

Monday - Blueberry Yogurt Parfait, Milk Tuesday - Cereal, 100% Fruit Juice, Milk

Wednesday - Turkey Sausage, Egg. Cheese Croissant, Hash Brown Potato, Milk (to prepare at home)

Thursday - Pancakes and Turkey Sausage, Syrup, 100% Juice, Milk
Friday - Fruit and Yogurt Plate, Milk

A Vegetarian option will be offered daily upon request if the menu does not have	Monday
00	Tuesday
9	Wednesday
10	Thursday
=	Frida

5 <u></u>6 $\overline{\omega}$

7

30 ALL STUDENT BREAKFAST

200

29

All Beef Hot Dog

Beef Hard Shell Tacos

Potato Starz Applesauce Cup

> Shredded Cheese Sour Cream/Salsa

Refried Beans Michigan Apple 2

22 Bean and Cheese

23

Orange Chicken with

24 Cheese Lasagna Rollup

25

Cheese Pizza Side Salad Orange

Bosco Cheese Sticks

French Fries

Sour Cream/Cheese

Asian Blend Veggies

Steamed Broccoli

Fruit Cup

Garlic Breadstick

Banana

Burrito

Edammame Michigan Apple

(to prepare at home

Applesauce Cup

Banana (to prepare at home)

Chicken Patty on a Bun AND LUNCHES ARE FREE
Carrots
UNTIL DECEMBER 31, 2020



All free meals served must be complete, including milk, fruits and veggies

MEALS INCLUDE

Entrée: Protein & whole grain bun, roll, or muffin Whole Fruit or 1/2 Cup

Fruit Cup

Milk - 1% white, or 1% chocolate

OF MENUFOR ENTREE DETAILS

248.341.5671

Deep Dish Cheese Pizza: Microwaveable or mozzerella cheese and optional pepperoni bakeable deep dish pizza filled with marinara sauce and topped with

Deep Dish Veggie Pizza: Microwaveable or marinara sauce and topped with roasted bakeable deep dish pizza filled with veggies and mozzerella Cheese

mozzarella cheese, topped with marinara noodles filled with creamy ricotta and Lasagna Roll-up: Microwaveable pasta sauce, served with garlic breadstick

Macaroni & Cheese: Reduced fat cheesy macaroni served in a microwaveable container with a mini garlic stick.

beef meatballs in a microwavable container spaghetti noodles with side of marinara and Spaghetti with Meatballs: Precooked served with garlic breadstick

served with rice and asian blend of veggies chicken bites tossed in tangy orange glaze Orange Chicken: Whole muscle crispy ready to microwave

mozzarella cheeses, baked and topped Bosco Cheese Sticks: Oven bakeable with parmesan cheese, served with whole grain bread sticks filled with marinara sauce

breaded white meat crispy chicken, served Chicken Tenders: Oven bakeable lightly with homemeade roll and butter

VEGETARIAN AND DAIRY FREE REQUESTS

SEE SIDE PANEL FOR GLUIEN FREE

All Beef Hot Dog: All beef hot dog to either bake, microwave or steam, served on a whole grain bun

turkey corn dogs with crispy corn breading Peanut-Free Wow! Butter and jelly sandwich, Mini Corn Dogs: Oven bakeable bite sized Wow! Sandwich Meal

with tomato soup at home grilled cheese sandwich served Grilled Cheese: Crispy bake or microwave

ready to eat!

whole grain bun Chicken Patty Sandwich: Oven bakeable llightly breaded white meat chicken on a

heat, shredded cheddar cheese, sour with seasoned beef taco meat ready to Beef Hard Shell Tacos 2 shells served cream and salsa

and salsa heat, cheddar cheese cup, sour cream with seasoned beef taco meat ready to Beef nachos: Baked tortilla chips served

cream and salsa to heat, shredded cheddar cheese, sour with seasoned chicken taco meat ready Chicken Soft Shell Tacos: 2 shells served

oven bakeable bean and cheese burrito served with sour cream and salsa Bean and Cheese Burrito Microwave or

> the day. Ready to eat! low fat cheese stick, fresh veggie and fruit of

cheese, croutons, caesar dressing and a natural white meat chicken, parmesan Chicken Caesar Salad: Romaine lettuce, all

fat cheese stick, and fresh fruit of the day, Fruit Yogurt, giant cinnamon grahams, low Fruit & Yogurt Plate

chips, baby carrots, celery sticks and (nut Vegan Hummus Plate: Hummus cup, pita free) sunflower seeds, Ready to eat!

VEGETARIAN

Granola, ready to eat! Fresh Fruit Yogurt Parfait: Layers of vanilla Yogurt, Fresh Fruit and

Cereal Breakfast

Sausage, Egg and Cheese Croissant: eat with cold milk Your choice of 2 cereals to pre order Ready to Microwavable whole grain croissant, stuffed

with turkey sausage, egg and american cheese

served with turkey sausage patties and syrup Microwavable bag of silver dollar pancakes Pancakes and Sausage



option available per preorder required medical request-Gluten Free

available - preorder Dairy Free options required for Dairy Vegetarian and



This institution is opportunity provider an equal

SEPTEMBER 2020 BLOOMIN' PRESCHOOL aramark LCNCH MENC



egetarian options

stated over	NOW Gluth VEGETARIAN Free With DAIRY med	Call	grain bun Whole F	SEE REV OF MI ENTREI
Friday	Ħ	<u>@</u>	25 Cheese Pizza Cucumber Slices Fruit Cup	LS FREE III. R 31, 2020
Thursday	10	17	24 Cheese Mini Ravioli Garlic Breadstick Steamed Broccoli Blueberries	ALL MEALS FREE UNTIL DECEMBER 31, 2020
Wednesday	ರಾ	16	Crange Chicken with Rice Carrots Banana	30 Chicken Patty on a Bun Carrots Banana
Tuesday	∞	15	22 Chicken Soft Tacos Sour Cream/Cheese Edammame Michigan Apple	Beef Soft Shell Tacos Shredded Cheese Sour Cream/Salsa Refried Beans Michigan Apple
Monday		41	Sosco Cheese Sticks French Fries Applesauce Cup	28 NO SCHOOL!!

(248)341-5672 for iten Free and Dairy dical necessity food ee menus available ailable when preith a doctor signed nodification form more information ordered

n, roll, or muffin Protein & whole Fruit or 1/2 Cup Fruit Cup c – 1% white,

248.341.5671

with creamy ricotta and mozzarella cheese, Mini Ravioli: Bite sized pasta noodles filled topped with marinara sauce, served with garlic breadstick

Macaroni & Cheese: Reduced fat cheesy macaroni served in a microwaveable container with a mini garlic stick.

Chicken Tenders: lightly breaded white meat crispy chicken, served with

homemeade roll and butter

Alfredo Pasta: Pasta noodles topped with

cheesy Alfredo sauce, served with garlic

breadstick

white meat chicken on a whole grain bun Chicken Patty Sandwich: lightly breaded

with seasoned beef taco meat, shredded Beef Soft Shell Tacos - 2 shells served cheddar cheese, sour cream and salsa with side of marinara and beef meatballs in Pasta with Meatballs: Precooked noodles served with garlic breadstick

Beef nachos: Baked tortilla chips served with seasoned beef taco meat cheddar cheese cup, sour cream and salsa chicken bites tossed in tangy orange glaze Orange Chicken: Whole muscle crispy

served with rice

Chicken Soft Shell Tacos: 2 shells served shredded cheddar cheese, sour cream with seasoned chicken taco meat, and salsa

cheese burrito served with sour cream Bean and Cheese Burrito: bean and and salsa

Deep Dish Cheese Pizza: Deep dish pizza filled with marinara sauce and topped with mozzerella cheese and optional pepperoni Mini Corn Dogs: bite sized turkey corn dogs with crispy corn breading

Grilled Cheese: Crispy grilled cheese sandwich served with tomato soup Pancakes and Sausage: silver dollar pancakes served with turkey sausage patties and syrup

sticks filled with mozzarella cheeses, baked Bosco Cheese Sticks: whole grain bread

and topped with parmesan cheese, served

with marinara sauce

Curbside meals will be available

for all children under the age of 18 Mondays and Thursdays between or in a special needs program for students under the age of 26 at Bloomfield Hills High School on Go to www.bloomfield.org for 11:30am and 1pm more information

VEGETARIAN AND DAIRY FREE REQUESTS SEE SIDE PANEL FOR GLUTEN FREE,