Breakfast Blurbs for Elementary

- 1. Wake up! Eating breakfast will help you feel more awake and alert.
- 2. Long division got you down? Fueling up with breakfast will boost your odds of solving the equation.
- 3. Did you forget? Eating breakfast boosts memory!
- 4. Get social and grab school breakfast. This morning meal may help you get along better with your classmates.
- 5. Does homework pain your brain? Eat breakfast and those hard thinking tasks will be much easier!
- 6. Rise and shine. Did you know eating breakfast can brighten your mood and make you feel happier? What better way to start your day than with a free school breakfast!
- 7. Distractions are...wait, what?!...Dig into school breakfast to be more focused and less distracted
- 8. Breakfast is ready...are you? Eat breakfast every day for a quicker mind and a kinder you.
- 9. Eat breakfast. Shine all day long.
- 10. Warning: Eating breakfast daily leads to increased fun and wisdom.
- 11. Want super energy? Fuel up with school breakfast.
- 12. Germs are scary. Thankfully eating breakfast can boost your body's germ fighting strength!
- 13. Mistakes happen. Eat breakfast to be right more often.

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